



ANEW COUNSELING SERVICES, LLC

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www.anewcounselingservices.com

May 13, 2020

Good Afternoon,

In an effort to help parents through this time, Anew Counseling Services, located in Oradell, NJ will be hosting a free virtual presentation using Zoom to all parents in our surrounding communities to discuss generalized anxiety, social anxiety, and adjustment disorders with anxiety symptoms on Thursday May 28th at 6:30pm.

The presentation will provide information about symptoms of social and generalized anxiety disorders, helpful tips to support a child demonstrating these symptoms, and treatment options. In addition, we will also offer strategies to help your children cope with anxiety related to adjustment disorders due to COVID-19.

Our presentation can only hold 100 participants so we ask you to please email Tara Amanna at tamanna@anewcounselingservices.com by Monday May 25th to register for this event. If we reach maximum capacity, we will create a second date to accommodate everyone. Once registered, we will send you a zoom link for you to log into the presentation.

If you would like to learn more about our practice, please feel free to visit our website at www.anewcounselingservices.com. We look forward to the opportunity to help all of you during this trying time.

Sincerely,

Tara Amanna, M.Ed., LPC, ACS, NCC